



HELEN BAMBER FOUNDATION

October 2026

Trustee
Recruitment Pack



WELCOME

Thank you for your interest in becoming a Trustee of the Helen Bamber Foundation Board.

This is an exciting time for Helen Bamber Foundation as we continue to grow our impact and strengthen our services for survivors of torture, trafficking, and human cruelty and those seeking protection. Our work is more crucial than ever, as we advocate for vulnerable individuals within a challenging and evolving global landscape.

We are seeking to appoint a new Trustee with senior leadership experience in the charity sector. This is an exciting opportunity to bring your expertise to an organisation that supports survivors of human trafficking, torture and other extreme human cruelty, helping them to rebuild their lives with dignity and safety.

We are particularly keen to hear from candidates who have led or held senior roles within charities, and who understand the challenges and opportunities facing the sector today.

As a Trustee you will be part of a small team of volunteers who are collectively responsible for developing and guiding the strategic direction of the Helen Bamber Foundation and steering the long-term stability.

I hope the information contained in this pack along with our website gives you all the information you need, but please contact Hannah Padfield, Director of People (jobs@helenbamber.org) if you'd like to know more.

I look forward to receiving your application.

Warm regards,

Adam Epstein
Chair of Trustees
The Helen Bamber Foundation



ABOUT US



Vision: All survivors of trafficking, torture, and extreme human cruelty have safety, freedom, and power.

Mission:

- **Support:** Using our Model of Integrated Care and legal expertise, we protect survivors from persecution, re-trafficking, exploitation, and abuse.
- **Collaborate:** Working with individuals with lived experience and key partners, we tackle systemic challenges facing survivors, train practitioners, and promote best practices to support more people.
- **Advocate:** Drawing on our unique expertise, we drive policy and systemic changes to improve access to protection and uphold the human rights of survivors.

OUR HISTORY AND PURPOSE

The **Helen Bamber Foundation**, founded in 2005 by the pioneering human rights advocate Helen Bamber, was created to reflect the evolving global patterns of violence and persecution. Helen Bamber, who entered Bergen-Belsen Concentration Camp in 1945 as part of one of the first rehabilitation teams, recognised that all survivors of extreme violence – regardless of the perpetrator – require safety, legal protection, and medical and emotional support.

Today, the Helen Bamber Foundation's unique Model of Integrated Care (MoIC) provides holistic support encompassing therapy, legal advocacy, medical treatment, and practical assistance, helping survivors rebuild their lives with safety, freedom, and dignity. Using our expertise we drive best practice and systems change to deliver for all survivors.

“There are times when you despair in our ability to make any sort of difference. But I say to people that we are all part of a mosaic. We can all be influential in our own fields and ways.”

Helen Bamber, OBE (1925 - 2014)

OUR STRATEGY

In pursuit of our mission, we focus on five interconnected areas with a goal to increase the number of people in need of protection in the UK who obtain safety and are treated fairly and with dignity:

1. Drive quality support for all survivors
2. Champion collaboration to increase impact
3. Challenge harmful systems
4. Transform access to legal support
5. Deliver best practice for our team and supporters

FINANCES

In 2025, our total Group income was £4,657,876 while expenditure was £4,432,819 resulting in a surplus of £225,057. Our Total Unrestricted funds were £829,387. The Group currently employs over 80 staff.

Dame Emma Thompson is President of the Helen Bamber Foundation and, in her role, is an inspirational ambassador of HBF's work. Dame Emma Thompson plays a critical creative and advisory role, including curating the annual Conversation Event.

GOVERNANCE STRUCTURE

The Helen Bamber Foundation is governed by our own highly skilled and dedicated Board of Trustees who provide strategic oversight. Our governance reflects our commitment to ensuring survivors' voices are heard through the inclusion of Board Advisors with lived experience on the Helen Bamber Foundation Board.

The Helen Bamber Foundation operates with robust committee structures:

- Finance and Fundraising Committee and People & Governance Committee, meeting quarterly
- Clinical Governance, Client Services & Safeguarding Committee, meeting biannually

Alison Pickup took up the role of Group CEO in August 2025. Alison acts as CEO of both charities and provides unified leadership across them, supported by an expert Management Group of senior directors leading key functions, including Legal, Therapy, People, Finance, and Policy & Research.

Asylum Aid is a wholly owned subsidiary of the Helen Bamber Foundation, functioning as an independent charity with its own Board and Executive Director.

EQUITY, DIVERSITY AND INCLUSION

We are committed to attracting and recruiting diverse candidates because we are keen to make sure that all our staff, trustees, volunteers and ambassadors reflect the communities we serve and the wider community we work in.

We recognise and value the role diversity plays in good governance and genuinely welcome and encourage applications from a range of backgrounds, especially people of colour, people with disabilities, people from low socio-economic backgrounds, refugees, stateless people and others with lived experience of forced migration or trauma. We are proud to be a member of the Experts by Experience Employment Network (www.ebeemployment.org.uk), which aims to increase representation of people with lived experience in the refugee and migrant sector.

If you are an expert by experience (a refugee or a migrant with direct, first-hand experience of issues and challenges of the UK asylum or immigration system), you can seek independent and confidential support with your application from the Experts by Experience Employment Network. They can help you in preparing your job application by providing one-on-one mentoring support to review your CV, cover letter or provide interview preparation. To request job application support or general one-to-one career advice and mentoring, please click [here](#).

“I feel worth now when I am around other people. I don’t constantly worry what others may think of me and whether they are judging me... I feel like a human being. I feel like I’m catching up on life.”

A Helen Bamber Foundation client

JOB DESCRIPTION

KEY RESPONSIBILITIES

Overview

As a trustee, you will share overall responsibility for the governance and strategic direction of the charity, while bringing particular expertise as a senior charity leader. You will be able to contribute in the following areas:

- **Strategy development:** shaping and setting long-term strategic direction.
- **Charity governance:** a strong understanding of good governance practice and trustee responsibilities.
- **Strategy delivery:** translating strategy into deliverable plans , including:
 - putting in place the governance structures needed to support delivery
 - building the people and culture required to achieve strategic goals
 - high-level financial management aligned to strategy, including fundraising
 - identifying and managing risk
 - monitoring, evaluating and ongoing learning of strategic effectiveness.

CORE RESPONSIBILITIES FOR ALL TRUSTEES

Strategic direction and oversight

- To set the Helen Bamber Foundation's overall strategic direction.
- To help define goals and evaluate performance for the charity.
- To be responsible for the governance of the charity, ensuring that the charity acts in accordance with its governing documents and applicable legislation.
- To support and advise the Executive on the vision, direction and management of the charity.

Decision-making

- To exercise control over the financial affairs of the charity and protect its assets, ensuring that each charity is financially sustainable.
- To ensure that the charity uses its resources exclusively to further its charitable objects.
- To make decisions at all times in the best interests of the Helen Bamber Foundation.
- To attend and contribute to Board Meetings and any relevant Committee meetings.

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Advocacy and support

- To advocate on behalf of survivors and asylum seekers and refugees.
- To raise the profile of the charity and act as an ambassador for the charity.
- Provide ad hoc support to the CEO and Executive Team.

PERSON SPECIFICATION

You will have deep expertise in the following areas:

- Senior leadership experience within the charity or not-for-profit sector (for example, as a Chief Executive, Director or member of a senior leadership team).
 - Ideally we are looking for someone with experience of a service delivery and/or a policy or campaigning organisation.
- A good understanding of how charitable organisations operate, from setting strategy and ensuring robust charity governance through to strategic planning and what it takes to lead and develop an organisation effectively. This includes knowing what governance structures are needed to support delivery, how to build the people and culture to achieve strategic goals, how to align financial management and fundraising strategy with organisational priorities and how to effectively manage risk.

CORE PERSON SPECIFICATION FOR ALL TRUSTEES

- A clear understanding and acceptance of the statutory duties, responsibilities, and legal liabilities of trusteeship under charity and company law and the respective roles of trustees and executive staff.
- A deep commitment to the Helen Bamber Foundation's mission, purpose and values and able to act in a manner consistent with these.
- An ability to work effectively as an active member of a team, building strong, supportive relationships with fellow Trustees, Board Advisors, and executive leadership.
- Able to think strategically and have sound independent judgement.
- Open minded with a strong commitment to equality, diversity and inclusion and committed to shifting power to people with lived experience and upholding anti-racist practice at all levels.
- A genuine willingness to devote the necessary time, energy, and effort to prepare for board meetings, advise on sub-committees, and champion the organisation externally.
- An openness to leveraging personal and professional networks to support elevating the voices of the Helen Bamber Foundation's clients and the charity's mission.
- A steadfast commitment to diversity, equity, inclusion, and belonging.

Trustees have ultimate responsibility for directing the affairs of their charity, ensuring it complies with the law, is solvent and well-run and is delivering the outcomes for which it was set up and which have been agreed with funders. For more detailed information see the Charity Commission's website below and in particular the publication 'The Essential Trustee' (CC3). A small number of people are barred from serving as charity trustees and applicants will be asked to confirm their eligibility. Information on this can be found on the Charity Commission website [here](#).

TERM LENGTH

Trustees are appointed for an initial term of three years. This may be renewed for a further three years by mutual agreement and subject to re-election by the Board. A Trustee may serve a maximum of three terms (nine years in total).

TIME COMMITMENT

You will be expected to attend quarterly Board meetings of the Helen Bamber Foundation. The Helen Bamber Foundation Board typically take place from 2- 5.30pm on a Thursday at our Old Street Office. We can make provisions for Trustees to attend online as necessary. Each trustee brings unique knowledge, skills and experience which enhances the effectiveness of the overall Board. As trustees have a legal responsibility for the organisation, we expect them to attend all four meetings annually unless there are exceptional circumstances.

As with all trustee appointment, we envisage that trustees will either join a sub-committee and/or contribute their particular expertise through guidance to the Executive directly or as part of a temporary working group.

There will also be one annual Strategy Day for Trustees and occasionally short, ad-hoc online meetings to discuss specific matters.

There will be some preparation needed before meetings so you are able to share your views and actively participate in discussions. Papers are usually circulated around a week before meetings.

SUPPORT WE WILL PROVIDE YOU

We are committed to supporting you, and offering you a warm welcome. We would spend time with you to understand your skills and aspirations, and would be very happy to talk about any support that would be helpful for you. We will also provide:

- A full induction and targeted training as required
- Mentoring provided by members of existing board of Trustees as required

We are able to meet trustees' reasonable out-of-pocket expenses in line with our expenses policy e.g. travel or carers costs to attend Helen Bamber Foundation board meetings and sub-committee meetings as relevant.

HOW TO APPLY

If you would like to apply for the role of trustee, please submit your CV and a short statement.

Your statement should then address the following three questions:

1. What is the main thing that interests you about applying for the role of trustee?
2. What is the particular skill (or skills) you have that you feel would be beneficial to this role? Please relate your answers to (1) and (2) to the information in this pack about Helen Bamber Foundation and the skills we are looking for.
3. Do you have any previous experience of working with a charity board in particular? If you do, please let us know what this was.

The questions can be responded to in one of four different ways:

1. Written A4 (No more than 2 sides of A4)
2. PowerPoint (No more than 3 slides)
3. Audio recording (No more than 5 mins)
4. Video Recording (No more than 5 mins)

Please apply via the Helen Bamber Foundation website along with your CV and statement by **10am on Monday 2nd November.**

If you would like to get more information about the role - or talk to the Chair of Trustees at Helen Bamber Foundation, Adam Epstein - before you express an interest in our trustee position please contact Hannah Padfield, Director of People at jobs@helenbamber.org.

TIMELINE

Closing date: 10am on **Monday 2nd November**

Preliminary interviews (online): **Friday 6th November**

Final panel interviews (in person): **Monday 16th November**

ADJUSTMENTS

We are committed to providing reasonable adjustments throughout our recruitment process and we'll always endeavour to be as accommodating as possible. If you would like to discuss any specific requirements, please get in touch with us at jobst@helenbamber.org.

SAFER RECRUITMENT

As an organisation, we are committed to creating and fostering a culture that promotes safeguarding and the welfare of young people and adults at risk. Our safer recruitment practices support this by ensuring that there is a consistent and thorough process of obtaining, collating, analysing and evaluation information from and about candidates to make sure that all persons appointed are suitable to work with our children and adults. The recruitment and selection of our people will be conducted in a professional, timely and responsive manner and in compliance with current employment legislation, and relevant safeguarding legislation and statutory guidance.

Successful candidates will also be subject to a DBS check.