

Honorary Existential or Psychodynamic Psychotherapy Placements

We are currently looking to recruit an enthusiastic practitioner interested in undertaking an Honorary Existential or Psychodynamic Psychotherapy post within the Multi-Disciplinary Therapy Team at The Helen Bamber Foundation. Our specialist team of therapists, doctors and legal experts provide care, consultation, and protection to survivors of extreme cruelty and human rights violations. We are strongly committed to the provision of therapeutic services to asylum seekers, as well as to those who obtain their legal status in the UK during their work with us.

This exciting post is currently offered to a Psychotherapist in training. For this placement we require:

- Your training to have a core existential or psychodynamic element, or for you to have personal experience of existential or psychodynamic psychotherapy
- You will also need to have accrued at least 100 supervised clinical hours, ideally within a service where you have worked with clients who have experienced trauma. This is due to the complexity of the clients we deal with in our service
- Have experience working with clients from diverse cultural, religious and ethnic backgrounds
- Possess common sense, compassion, and a keen interest in working with Refugees, Asylum Seekers and victims of Trafficking
- To be available during the day, 1 day a week, for a minimum of 6 months (Please note we currently have availability on Tuesdays or Fridays only at present)
- To attend our office in Camden, as this is a client facing role and therapy is offered face-to-face

As a specialist service, we see clients with complex and traumatic psychological conditions, typically of a severe and often enduring nature. Our clients are offered a range of trauma informed therapeutic services spanning 3months to +12months. The placement is an excellent opportunity to gain an overview of working with Refugees and Asylum seekers, and to work within a highly dedicated team of clinicians of various modalities.

We are looking for someone who is passionate about working with survivors of human rights abuses, as well as understanding the unique social and political context our clients are living in, and the effect of this on their psychological wellbeing. The role will involve hearing about and reading about extremely traumatic material and severe human suffering, so we are also looking for someone who has good self-care strategies in place and is willing/able to engage with this type of material.

Your role will include:

- Attending fortnightly 1:1 supervision with UKCP Accredited psychotherapist
- The opportunity to shadow assessments and attend complex cases and care plan meetings.
- Completing structured reviews with clients to monitor their progress over time
- Completing standardised measures with clients for research and therapeutic purposes
- Entering data and contributing to audits, which will help us to improve how we support our clients and secure funding for vital projects
- Completing casework with clients

Please note that the successful candidate will be offered the post subject to suitable references and a DBS check. This role will require disclosure of both the adult and child barring lists. If appointed, you will be required to give your consent to HBF to receive regular updates on your criminal records status throughout your time volunteering with us.

We particularly encourage applications from underrepresented groups in psychotherapy (such as people with disabilities, men, those from Black, Asian and Minority Ethnic backgrounds or those who have lived experience similar to those of the clients we support).

If you would like to discuss this opportunity further, please contact Teresa Cannon, on 0203 058 2020. To apply for this position, please email your CV and a covering letter (including which days you are available to volunteer at HBF) by 5pm on Thursday 4th November 2021 to volunteering@helenbamber.org.