

# Job Description: Clinical/Counselling Psychologist

Job Title: Clinical Psychologist

Location: Helen Bamber Foundation, London

Responsible to: Head of Therapies

Hours: 3 days per week (22.5 hours, 0.6 FTE) permanent

Salary: £38,000 pro rata

Benefits: 16.5 days holiday plus 4% matched pension contribution

Please note, we are making two appointments. There is a strong preference for at least one of the appointed persons to work with us on Fridays due to the needs of the organisation. Candidate availability will be discussed at interview, but please bear this in mind when making your application.

#### **BACKGROUND**

The Helen Bamber Foundation is a human rights organisation with an international reputation for providing medical consultation, therapeutic care, legal protection and practical support to survivors of trafficking and torture. We are a team of therapists, doctors, lawyers, caseworkers and administrators who help men, women and children recover from the emotional and physical damage they have suffered as a result of torture, human trafficking, or other forms of cruelty.

#### OVERVIEW OF THE ROLE

As a Clinical/Counselling Psychologist within the Helen Bamber Foundation, you will be responsible for supporting the Head of Therapies and the Team Manager in providing a comprehensive range of therapeutic interventions to clients of the Helen Bamber Foundation.

This role will include delivery of highly specialised psychological assessments for both medico-legal and clinical purposes, provision of appropriate evidence-based therapies, delivery of clinical supervision to staff from non-clinical backgrounds who nonetheless have significant client contact, and supervision of assistant and trainee clinical psychologists on final year specialist placements. At times, the role may include input into policy, research and fundraising and delivery of consultancy and training.

We are looking for someone who is committed to working therapeutically with individuals who have experienced human rights abuses and who have developed trauma spectrum disorders as a result. In addition to proven experience in working therapeutically with this client group, the candidate will have a

Founder: Helen Bamber OBE, DU (Essex)

**Human Rights Advisory Group** 

Sir Nicolas Bratza, Parosha Chandran, Shu Shin Luh

**Managing Executives** 

Kerry Smith (Chief Executive Officer), Professor Cornelius Katona MD FRCPsych (Medical Director) Gareth Holmes (Director of Fundraising and Communication) Anne Muthee (Director of Finance and Operations) President: Emma Thompson (DBE)

Board of Trustees

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passion for human rights work beyond the individual client work, and a desire to contribute to effecting change at a policy level. This role requires the ability to react and respond creatively and appropriately to the needs of the charity.

Given the current COVID-19 pandemic, your role may be part remote, for the foreseeable future, or in the event of a further lockdown fully remote. However, you must be prepared to travel to our offices in Camden to carry out your duties where necessary.

## **EQUAL OPPORTUNITIES**

The Helen Bamber Foundation and Asylum Aid is an equal opportunities and Living Wage employer. We are committed to attracting and recruiting diverse candidates as we strive to ensure that our staff, trustees, volunteers and ambassadors reflect the communities we serve and the wider community we work in at every level of the organisation. We actively welcome applications from people of colour, applicants with disabilities, applicants with lived experience of the asylum system, and from other minority groups.

#### MAIN DUTIES AND RESPONSIBILITIES

- Working closely with the Therapy Team Manager and the Head of Therapy to ensure the delivery of a range of evidence based psychological therapies to clients of the Helen Bamber Foundation.
- To provide specialist psychological assessments and deliver psychological therapies to clients of the Helen Bamber Foundation.
- To liaise with other non-statutory and statutory organisations on matters of clinical care and policy.
- Where appropriate, to train in the preparation of medico-legal reports and to contribute to the preparation these reports.

### Where applicable:

- To contribute towards research and audit projects relevant to the Helen Bamber Foundation (in collaboration with the Head of Therapy and Medical Director).
- To provide internal and external training in collaboration with the Head of Therapy.
- To supervise other staff or trainees. This may include trainee clinical psychologists, assistant psychologists, research assistants or non-clinical staff.
- To input into policy and position statements with other members of the Helen Bamber Foundation.
- To promote the work of the Helen Bamber Foundation at conferences and other events.

#### PERSONAL PROFESSIONAL DEVELOPMENT

- Performance Review and Personal Development Planning.
- Access to a wide range of resources and trainings at HBF.

## Your responsibilities:

- Ensuring your Continuing Professional Development requirements of the Health and Care Professions Council and other governing bodies.
- Working within the expectations of relevant governing professional bodies.
- Ensuring you are up to date with relevant literature and research relevant to the client group and attend appropriate training as agreed with your line manager.

### PERSON SPECIFICATION

The successful candidate will be a clinical or counselling psychologist who is passionate about working with victims of human rights abuses, delivering evidence-based therapies for Posttraumatic Stress Disorder and other mental health problems, as well as understanding the unique social and political context our clients are living in and the effect of this on their psychological wellbeing.

#### Essential

- To have successfully completed a recognized doctoral level training in Clinical or Counselling Psychology (DClinPsy or DCounsPsy) and to have completed a range of clinical placements during training.
- To be registered with the Health and Care Professions Council (HCPC).
- To have experience in working with clients with PTSD and other trauma spectrum disorders.
- To have experience in working with individuals who have experienced multiple traumatic events, developmental trauma and/or have a clinical presentation suggestive of 'complex' PTSD.
- Experience of and commitment to delivering therapy for the treatment of PTSD using trauma focused CBT, EMDR, or Narrative Exposure Therapy.
- To have demonstrable experience in providing other evidence-based therapies for common mental health problems.
- To have experience in assessing individuals from a range of cultural or ethnic backgrounds.
- Experience of working with interpreters.
- Experience of, and commitment to, multidisciplinary team working.
- Experience of providing clinical supervision.
- Working knowledge of the legal, political and social issues in the human rights, asylum & refugee, and health sectors.
- Exceptional organizational skills with experience of managing multiple tasks and prioritizing effectively.
- Accuracy and excellent attention to detail.
- Good interpersonal and team working skills, with an ability to work independently and seize opportunities.
- Computer literate and confident in using all MS Office software.
- Understanding of, and commitment to, the objectives of Helen Bamber Foundation.

#### Desirable

- At least one year's post qualification experience.
- To have experience of working in the non-statutory sector.
- Prior experience of working with asylum seekers, refugees or survivors of trafficking in a clinical context.
- Experience of presenting at conferences or other events.
- Experience of providing training.

Please note that the successful candidate will be offered the job subject to suitable references and a DBS check. This role will require disclosure of both the adult and child barring lists. If appointed, you will be required to give your consent to HBF to receive regular updates on your criminal records status throughout your employment.

Please submit an up-to-date CV and a covering letter by 5 pm on Wednesday June 9 2021, outlining your relevant skills and experience, as well as how your previous experience that matches the listed responsibilities and person specification to <a href="mailto:jobs@helenbamber.org">jobs@helenbamber.org</a>. Please state in your covering letter when you would be available to start the role. Interviews are scheduled to be held on Thursday 17 June 2021 via Zoom.

For any queries, please call 0203 058 2020 and ask to speak to Dr Christina Curry (<u>Christina.Curry@helenbamber.org</u>).

We regret that we can only respond to applicants who make it to the interview stage. No agencies.