

Volunteer Therapist

Job Title: Volunteer HPC-registered Clinical / Counselling Psychologist
CBT Therapist / UKCP-registered Psychotherapist
Location: Helen Bamber Foundation office, London
Responsible to: Consultant Clinical Psychologist, Head of Therapies

OVERVIEW OF THE ROLE

As a Volunteer Therapist within the Helen Bamber Foundation, you will be responsible for providing evidence-based and evidence-informed therapeutic interventions to clients of the Helen Bamber Foundation.

This role will include delivery of highly specialised psychological assessments for clinical purposes, provision of appropriate therapies. The role can involve additional duties as required by the service and according to the professional development interests and skills of the volunteer.

We look for a minimum of a 6 month commitment of at least half a day a week (or two ongoing treatment clients), plus attendance at a supervision group at least monthly.

In return we will provide specialist supervision on evidence-based therapies for psychological problems experienced by our client group, including Narrative Exposure Therapy and trauma-focused cognitive behaviour therapy for PTSD, and CBT for depression.

MAIN DUTIES AND RESPONSIBILITIES

- Working closely with the Therapy Team to provide specialist psychological assessments and ensure the delivery of a range of evidence-based psychological therapies to clients of the Helen Bamber Foundation.
- To liaise with other non-statutory and statutory organisations on matters of clinical care and policy.
- To attend regular clinical supervision sessions provided by clinical psychology staff at Helen Bamber Foundation
- To adhere to guidelines on risk management and safeguarding.

POTENTIAL ADDITIONAL DUTIES (AS AGREED WITH HEAD OF THERAPIES)

- To supervise junior staff. This may include assistant psychologists and research assistants.
- To develop and carry out audits and research projects relevant to the Helen Bamber Foundation (in collaboration with the Clinical Psychologist, Head of Therapies and Medical Director).
- If desired, to provide input into policy and position statements with other members of the Helen Bamber Foundation.
- To provide internal and external training in collaboration with the Head of Therapies.

PERSONAL PROFESSIONAL DEVELOPMENT

- Annual performance Review and Personal Development Planning.
- Ensuring your Continuing Professional Development requirements of the Health and Care Professions Council and other governing bodies.
- Working within the expectations of relevant governing professional bodies.
- Ensuring you are up to date with relevant literature and research relevant to the client group of the Helen Bamber Foundation and attend appropriate training as necessary.

Founder: Helen Bamber OBE, DU (Essex)

President: Emma Thompson

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